



The NCCASA SADI Project is excited to announce a seven part webinar series on Understanding Trauma: Unpacking a Culturally- Responsive Approach to Serving Sexual Assault Survivors During COVID- 19. Facilitated by NCCASA staff, with outside trainers relevant to the field at each session, the series will be open to 25 participants who must register for the series in advance.

The series will provide training and practical applications for supporting survivors of sexual violence during COVID-19 and the current state of civil unrest. It will focus on helping advocates create accessible, culturally-responsive, and trauma-informed approaches to the unique needs survivors are facing during this time. Included in this webinar is foundational information about the intersections of the trauma of sexual violence, historical trauma, inter-generational trauma and racialized trauma. Specially designed for advocates/staff at sexual assault serving organizations as well as recovery support specialists, the series will offer innovations in collaborative approaches that support survivors in addressing their self-defined needs.

This 7-Part webinar series will feature content experts in the field of trauma and will bring new awareness to the current trauma epidemics and equipping service providers with skills to assist in survivors' ability to build healthy, healing relationships through self-regulation, connection and resilience.

The series is as follows:

Webinar One: Grounding in Humanity - An introduction to the series, trauma, and self- care through the lens of grounding techniques.

Webinar Two: Trauma and the Brain- the neurobiology of trauma with a brief introduction to ACEs

Webinar Three: Trauma & the Body- a look into psychosomatic symptomatology and trauma triggers

Webinar Four: What is Trauma- a deep dive into the historical, generational and interpersonal contexts of trauma, Urban ACEs study information, and decolonization in helping professions.

Webinar Five: How trauma continues to show up- understanding Triggers, anniversaries and complex ptsd, and a community response for the intersectionality of identities

Webinar Six: Do no Harm: How RCC's can work to support survivors trauma responses- Understanding what does trauma informed care really mean, how do agencies put into practice, and serving intersectionality of sexual assault survivors.

Webinar Seven: Redefining our services- Throwing away the menu of services (SADI), serving survivors across the lifespan (SADI)t, supporting survivor advocates, and engaging survivors in the movement

Registration for the series opens on 8/7/2020 and will close on 8/21 at 5 pm. Click [here](#) to register. For more information or questions, please contact Erica Blackwood, SADI Specialist, at erica@nccasa.org.